

TESTNEVELÉS ÓRAREND

1034 BUDAPEST III., DOBERDÓ U. 6.

	HÉTFŐ	KEDD	SZERDA	CSÜTÖRTÖK	PÉNTEK	Szombat
08:00 - 09:40	Molnár Sándor		Molnár Sándor	Bahor Zsolt/Őri Gergely	Bahor Zsolt	
	GYM		VOLLEYBALL	ROWING/TABLE TENNIS	VOLLEYBALL	
	15 prs 26-D-KO-N-K		15 prs 38-D-RL-N-K	20/20 prs 43-NSZ-EV-N-K/16-D-AT-N-K	20 prs 51-D-RL-N-K	
09:50 - 11:30	Molnár Sándor	Vadász Levente	Molnár Sándor/Őri Gergely	Bahor Zsolt/Vadász Levente/Őri Gergely	Bahor Zsolt	
	FOOTBALL	VOLLEY BALL	GYM/TABLE TENNIS	ROWING/FLOORBALL/ GYM	TABLE TENNIS	
	20 prs 27-D-LR-N-K	20 prs 32-D-RL-N-K	12/20 prs 39-D-KO-N-K/12-D-AT-N-K	20/20/15 prs 44-NSZ-EV-N-K/45-D-FB-N-K/ 17-D-KO-N-K	20 prs 52-D-AT-N-K	
11:40 - 13:20	Molnár Sándor	Molnárné Pajor Bea/Vadász Levente	Molnár Sándor/Őri Gergely	Bahor Zsolt/Vadász Levente	Bahor Zsolt	
	FITNESS TEST	GYM/BASKETBALL	BASKETBALL/LEISURE SPORTS	GYM/TABLE TENNIS	GYM	
	25 prs 28-D-FM-N-K	20/20 prs 33-D-KO-N-K/34-D-KL-N-K	15/15/200 prs 13-D-KL-N-K/21-D-SZSP-L-K	15/20 prs 46-D-KO-N-K/47-D-AT-N-K	15 prs 53-D-KO-N-K	
13:30 - 15:10	Molnár Sándor	Molnárné Pajor Bea/Vadász Levente	Molnár Sándor/Őri Gergely	Bahor Zsolt/Vadász Levente	Bahor Zsolt	
	TABLE TENNIS	MEDICAL P.E./GYM	TABLE TENNIS/FOOTBALL	RUNNING-JOGGING/FOOTBALL	HIKING	
	20 prs 29-D-AT-N-K	20 prs 35-D-GT-N-K/31-D-KO-N-K	12/20 prs 41-D-AT-N-K/14-D-LR-N-K	30/20 prs 48-D-FUKO-N-K/49-D-LR-N-K	30 prs 54-D-TU-N-K	
15:20 - 17:00	Molnár Sándor	Molnárné Pajor Bea	Molnár Sándor	Bahor Zsolt	Bahor Zsolt	
	RUNNING	TABLE TENNIS	RUNNING	HIKING	HIKING	
	25 prs 30-D-FU-N-K	20 prs 36-D-AT-N-K	25 prs 42-D-FU-N-K	30 prs 50-D-TU-N-K	30 prs 55-D-TU-N-K	
17:05- 18:40		Molnárné Pajor Bea 12 prs 37-D-AT-N-K				
20:00-21:30			Őri Gergely MEN'S COMPETITION BASKETBALL			
			20 prs			
			15-TCS-KL-N-K			